



Emotional Intelligence

Essential HR and Employment Law Training



Introduction

Emotional Intelligence was first talked about in the 1970's but has recently had a comeback, with more business leaders now appreciating the need to focus on building relationships to be successful. In this module, we introduce you to the concept of Emotional Intelligence and ask you to self-reflect on a series of questions. Delegates walk away with a better understanding of their strengths and weaknesses and a plan of how to best apply this knowledge.



Course Duration

SSG offer this module as part of a full or half day course.



Who Should Attend

- SME Owners
- Directors and Senior Managers
- Team Leaders and Supervisors



Course Programme

The course will be broken down into the following modules:

- What is Emotional Intelligence
- Guided self-reflection
- How to use your EQ to lead and influence people

On completion of the course delegates will be able to:

- Understand the theoretic principles of Emotional Intelligence (E.I.)
- Identify their personal levels of E.I.
- Formulate an action plan on the back of the results of their self-analysis
- Appreciate the importance E.I. has on their leadership capabilities
- Decide next steps of personal development



Certification and Assessment

Attendance certificates will be issued after course completion and are valid for three years. It is recommended that certification is renewed every three years to ensure that those persons responsible are kept up to date with best practices.



Suggested Follow on and Complementary Courses

This module can be combined with other subjects for a half or full day course. Please contact our Customer Service Team for more information.