



# CITB Site Supervision Safety Training Scheme (SSSTS) Refresher



## Introduction

This one-day course will reinforce and update your knowledge and understanding of your legal responsibilities regarding health, safety, welfare and environmental issues.



## Course Duration

SSG offer this course over one day.



## Who Should Attend

The refresher course must be attended in order to renew the original CITB Site Supervisors Safety Training Scheme certificate before their current certificate expires.



## Course Programme

At the end of the training delegates will be aware of and be able to implement:

- All updated health, safety, welfare and environmental legislation which affect their role as a supervisor
- New guidance and industry best practice affected by changes
- Their duties and responsibilities with regard to health, safety, welfare and the environment

The course will cover the following modules:

### Module 1

- Health and safety law
- Construction (Design and Management) Regulations 2015
- Health and safety managements systems
- Risk assessments and method statements
- Statutory inspections and checks



- Reporting accidents, injuries and ill health
- Leadership and worker engagement

#### Module 2

- Health and welfare of the workforce
- First aid and emergency procedures
- Hazardous substances
- Asbestos
- Dust and fumes
- Noise and vibration
- Manual handling

#### Module 3

- Site set up and security
- Fire prevention and control
- Electricity
- Plant and work equipment
- Lifting operations and lifting equipment

#### Module 4

- Working at height
- Excavations
- Underground and overhead services
- Confined spaces
- Temporary works

#### Module 5

- Environmental awareness
- Pollution
- Waste materials
- Nuisance

Please note: Delegates must be competent in English at supervisor level in order to complete this course.



#### Certification and Assessment

The method of assessment will be by multiple choice/written exam paper at the end of the course. Successful delegates will receive a CITB certificate valid for five years, renewed by attending a one-day refresher course.



### Suggested Follow on and Complementary Courses

- CITB Management Safety Training Scheme
- First Aid at Work
- Emergency First Aid at Work