



## CITB Site Supervision Safety Training Scheme (SSSTS)



### Introduction

This two-day course introduces Site Supervisors to their legal responsibilities regarding health, safety, welfare and environmental issues.



### Course Duration

SSG offer this course over two days.



### Who Should Attend

This course is for first line managers - those who have or are about to acquire supervisory responsibilities.

Please note: Delegates must be competent in English at supervisor level in order to complete this course.



### Course Programme

Completion of this course will enable delegates to:

- Understand the problems within the construction industry
- Explain how health and safety law is structured, and how it applies to supervisors
- Identify how the supervisory role fits in with the management structure in controlling site health and safety
- Carry out risk assessments and method statements
- Carry out effective site inductions, toolbox talks and method statement briefings
- Monitor site activities effectively
- Understand the important of timely intervention when bad practices are identified



The course will cover the following modules:

#### Module 1

- Health and safety law
- Construction (Design and Management) Regulations 2015
- Health and safety management systems
- Risk assessments and method statements
- Statutory inspections and checks
- Reporting accidents, injuries and ill health
- Leadership and worker engagement

#### Module 2

- Health and welfare of the workforce
- First aid emergency procedures
- Hazardous substances
- Asbestos
- Dust and fumes
- Noise and vibration
- Manual handling

#### Module 3

- Site set up and security
- Fire prevention and control
- Electricity
- Plant and work equipment
- Lifting operations and lifting equipment

#### Module 4

- Working at height
- Excavations
- Underground and overhead services
- Confined spaces
- Temporary works

#### Module 5

- Environmental awareness



- Pollution
- Waste materials
- Nuisance



#### Certification and Assessment

The method of assessment will be by a case study exercise and a toolbox talk, as well as multiple choice/written exam paper at the end of the course. Successful delegates will receive a CITB certificate valid for five years, renewed by attending a one-day refresher course.



#### Suggested Follow on and Complementary Courses

- CITB Site Management Safety Training Scheme
- First Aid at Work