



# CITB Site Management Safety Training Scheme (SMSTS)



## Introduction

This course covers all relevant legislation and other aspects which affect safe working in the building, construction and civil engineering industries. It highlights the need for risk assessment in the workplace, the implementation of necessary control measures, and adequate communication to sustain a health and safety culture among the workforce.

The SMSTS course is endorsed by Build UK as the standard training for all construction managers.



## Course Duration

Five days - delegates must attend all 5 days of the course, completing a total of 37.5 hours to be eligible to take the final assessment.



## Who Should Attend

This course is designed for site managers, agents and persons who are, or are about to be, responsible for planning, organising, monitoring, controlling and administering groups of staff.

Please note: delegates must be competent in English at site management level in order to complete this course.



## CITB Course Objectives

At the end of the training delegates will be aware of and be able to implement or state:

- All health, safety, welfare and environmental legislation which affects them during their daily work
- New guidance and industry best practice
- Their duties and responsibilities with regards to health, safety, welfare and the environment

### Module 1

- Health and safety law
- The Health and Safety at Work Act 1974
- Construction (Design and Management) Regulations
- Health and safety policies
- Risk assessments and method statements
- Induction and training
- Effective communication
- Leaderships and worker engagement
- Inspection and audit
- Statutory forms, notices and registers
- Accident prevention, control, reporting and investigation

*Inspiring people and businesses to work safely and sustainably*

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## Module 2

- Management of health
- Welfare facilities
- Stress and mental health at work
- Drugs and alcohol
- Control of substances hazardous to health
- Lead
- Asbestos
- Dust and fumes
- Noise
- Vibration
- Manual handling

## Module 3

- Site organisation
- Fire prevention and control and dangerous substances
- Electrical safety
- Temporary works
- Plant and work equipment
- Mobile plant and vehicles
- Lifting operations and equipment
- Mobile workforce and driver safety

## Module 4

- Work at Height Regulations
- Safe working at height
- Common access equipment
- Scaffolding
- Fall arrest and suspension equipment
- Excavations
- Underground and overhead services
- Confined spaces



## Certification and Assessment

Delegates will be assessed by the completion of core exercises throughout the course, a group presentation on day five followed by a multiple choice/written exam paper. Successful delegates will be awarded with a CITB certificate, which is renewable every five years by attending a CITB approved two-day refresher course.



## Suggested Follow on and Complementary Courses



NEBOSH Certificate in  
Construction Health and  
Safety



CITB Site Management Safety  
Training Scheme Refresher