



Approved  
training  
provider  
1226

# IOSH Working Safely



## Introduction

IOSH Working Safely is designed for people at any level to gain an understanding of the essentials of health and safety. It focuses on why health and safety is important and how individuals can positively contribute to health and safety within their organisation ensuring that individual responsibilities are clearly understood. The course covers all the basics in a high impact interactive format.



## Course Duration

SSG offer this course over one day.



## Who Should Attend

This course is intended for people at any level, in any sector, needing a grounding in the essentials of health and safety. Everyone at work should have an understanding of why they must 'work safely' and this course offers exactly that, in a refreshingly informal way.



## Course Programme

### Part 1: Introducing Working Safely

- Why is it important to work safely?

### Part 2: Defining Hazard and Risk

- What is hazard – What kind of things can cause you harm
- What is risk
- How can risks be controlled
- How do you decide what to do about risk?



### Part 3: Identifying Common Hazards

- What are some common hazards
- What can we do about common hazards?

Includes: asbestos, computer workstations, housekeeping, lighting, slips, trips & falls, stress, temperature, fire, manual handling, noise, plant & machinery...and more!

### Part 4: Improving Safety Performance

- What are the organisation's responsibilities?
- What are your responsibilities
- How is safety improved?



### Certification and Assessment

Delegates who successfully complete the written and practical assessments can choose between IOSH Working Safely certificate or a credit card-sized 'passport' card.



### Suggested Follow on and Complementary Courses

- IOSH Managing Safely
- Risk Assessment Workshop
- Fire Safety Awareness
- Emergency First Aid at Work