



## PASMA - Low Level Access



### Introduction

The assembling, dismantling and relocation of low level access units is potentially extremely dangerous if the correct safe working procedures are not followed. This course is aimed at improving knowledge and enhancing ability to use low level access mobile towers safely. This PASMA accredited course is assessed through theory and practical sessions and successful delegates will be awarded nationally recognised PASMA certification.



### Course Duration

S&S offer this course over half a day.



### Who Should Attend

Any persons who work from prefabricated units under 2.5m of height should attend this course.

No formal qualifications or experience are necessary, but it would be beneficial if delegates had a basic understanding of work at height issues.

### Training Aids

Facilities will be provided for the practical element of the course. If held at the client's site a facility checklist will be provided and the training area will need to be inspected by an S&S representative.



### Course Programme

- Current legislation
- Regulations and guidance affecting work at height with low level access units
- PASMA Code of Practice
- Publicly available specification
- Assembling
- Altering and dismantling



- Current best practice
- Inspection of completed low level units
- Completion of Tower Inspection Records
- Hazards

### Course Requirements for Delegates

It is essential that all delegates attending the training day are suitably equipped with Personal Protective Equipment to include Head Protection, Gloves, Protective Footwear and High Visibility Outdoor clothing as part of this course involves delegates erecting a low level access platform.

### Literacy, Fitness and Health Requirements (extract from PASMA Code of Practice)

Since the safe use of mobile access towers requires that delegates consult safety notices and read and thoroughly understand the manufacturer's instruction manual, literacy and language comprehension are important requirements for any tower use. Similarly, since the assembly and use of mobile access towers can be physically demanding, users should be physically fit and in good health and should, generally, not have problems with eyesight or hearing, heart disease, high blood pressure, epilepsy, fear of heights / vertigo, giddiness / difficulty with balance, impaired limb function, alcohol or drug dependence or psychiatric illness.

If delegates have any problems with literacy or language comprehension, or have any doubts about their fitness to use mobile access towers, they must bring them to the attention of their employer. This need not preclude them from using mobile access towers, provided their employer conducts an assessment and is able to put into place adequate measures, to take account of any difficulties they may have.



### Certification and Assessment

Delegates will be assessed during the practical training session, as well as an assessment at the end of the course.

Successful delegates will receive a competency certificate and an encapsulated PASMA Photo Card, which can be used by delegates to demonstrate their skills and knowledge when going 'on site'.

Certificates are valid for 5 years.



### Suggested Follow on and Complementary Courses

- PASMA Towers for Users
- Working Safely at Heights
- CITB Site Supervision Safety Training Scheme