



# Display Screen Equipment Assessment Workshop



## Introduction

Computer workstations or equipment can be associated with neck, shoulder, back or arm pain, as well as with fatigue and eyestrain. The Health and Safety (Display Screen Equipment) Regulations 1992 aim to protect the health of people who work with DSE by requiring that every employer perform a suitable and sufficient assessment of all workstations.



## Course Duration

SSG offer this course over half a day.



## Who Should Attend

Managers, Safety representatives or anyone with responsibilities relating to health and safety and carrying out ergonomic assessments. There is a requirement for DSE assessments anywhere where workers spend a significant amount of working time using display screen equipment.



## Course Programme

The half day workshop covers both the theoretical and practical aspects of managing the risks associated with DSE:

- Health problems associated with Display Screen Equipment
- Overview of relevant legislation and principles of risk assessment
- Conducting Display Screen Equipment assessments
- Components of a workstation / Setting up a work station (practical)
- Management of risks posed by Display Screen Equipment including training, hardware and ergonomic measures to reduce and control risk
- Laptop and smart devices
- Practical Display Screen Equipment assessments



## Certification and Assessment

Delegates will be assessed by a summative assessment throughout the course. All successful delegates will receive an SSG Certificate on completion of the course. Certification is valid for three years.



Risk Assessment  
Workshop



IOSH Managing  
Safely