

# Emergency First Aid at Work

SSG's First Aid courses are First Aid Industry Body and Quality Care Academy Approved

## Introduction

This course provides delegates with the necessary skills to take charge of an incident if an illness or injury occurs in the workplace and provide support and assistance to a fully qualified first aider.

All of our first aid courses are approved by the First Aid Industry Body and Quality Care Academy.

## Course Duration

SSG offer this course over one day.

## Who Should Attend

The course is suitable for any person who has been carefully selected to ensure that they are capable of taking on the responsibilities of a first aider.

*Dress Code: Due to the practical nature of this course delegates are requested to wear suitable clothing i.e. trousers, clean footwear*

## Course Programme

On completion of training successful candidates should be able to:

- Understand the role of the first aider
- Manage and record an incident
- Understand the importance of avoiding cross infection
- Deal with the unconscious casualty
- Administer cardiopulmonary resuscitation
- Train in the use of an AED
- Administer first aid to a casualty who is choking
- Administer first aid to a casualty who is wounded and bleeding
- Administer first aid to a casualty who is suffering from shock;
- Provide appropriate first aid for minor injuries (including small cuts, grazes and minor burns)



## Certification and Assessment

Candidates are given practical assessments during the course. Certificates issued will be valid for three years. Certificates need to be renewed prior to the expiry date or within 28 days of expiry.



## Suggested Follow on and Complementary Courses



Annual First Aid Skills Update



First Aid at Work



IOSH Working Safely