



Course Dates and Fees 2010

Covering the South West

**Book online at www.ssg.co.uk
or call 01752 201616**

**It may be more cost effective to deliver a private course for 5 or more delegates.
Private courses can be tailored to meet your requirements and delivered at a venue of
your choice.**

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Welcome to SSG - Dates and Fees 2010

From our training centres in Plymouth, Bridgwater, Bristol and Cornwall our team of experienced and highly motivated trainers deliver first class interactive and enjoyable health, safety and environmental training courses.

We believe that our unique ability to provide effective solutions through training and consultancy to all industry sectors makes us the company to professionally service your requirements. In this booklet you will find available dates for all scheduled courses under the following sections:

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NEBOSH Courses

NEBOSH National General Certificate in Occupational Safety and Health
NEBOSH Fire Safety and Risk Management Certificate
NEBOSH Certificate in Construction Safety and Health



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IOSH Courses

IOSH Directing Safely
IOSH Managing Safely
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IOSH Working Safely



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ConstructionSkills Courses

ConstructionSkills Site Management Safety Training Scheme
ConstructionSkills Site Management Safety Training Scheme Refresher
ConstructionSkills Site Supervisor Safety Training Scheme
ConstructionSkills Health and Safety Awareness



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First Aid Courses

First Aid At Work
First Aid At Work Refresher
Emergency First Aid At Work



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CIEH Courses

CIEH Level 2 Award in Principles of Risk Assessment
CIEH Principles of Manual Handling
CIEH Principles of CoSHH
CIEH Stress Awareness
CIEH Level 2 Award in Health and Safety in the Workplace



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General Health and Safety Management Courses

Risk Assessment Workshop
CoSHH Assessment Workshop
Display Screen Equipment
Accident Investigation Workshop
Managing Noise
Safety Management for Work Related Driving



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Page 13 General Health and Safety Courses

Basic Fire
Fire Warden
Manual Handling
Manual Handling Instructor
Portable Appliance Testing
Electrical Safety Awareness
Driver Safety Awareness
Health and Safety in the Office



Page 14 Health and Safety Management Courses for Construction and Allied Industries

Managing Asbestos
Health and Safety for Quantity Surveyors

Page 15 Health and Safety Courses for Construction and Allied Industries

Confined Space
Breathing Apparatus
New Road and Streetworks
Signing, Lighting and Guarding Assessments
Scaffold Inspection
Working Safely at Heights
PASMA Mobile Access Tower Training
Abrasive Wheels
Safety in the Use of Woodworking Machinery
Asbestos Awareness



Page 17 Construction Design and Management (CDM)

CDM: An Overview
CDM for Coordinators
CDM for Principal Contractors
CDM for Designers



Page 18 Environmental Training

Site Waste Management Plans
IOSH Managing Environmental Responsibilities
Environmental Awareness



Course contents, dates and fees are, to the best of our knowledge, correct at the time of going to press.

For further information on all our courses you can visit our website www.ssg.co.uk or you can contact our administration team on 08700 43 47 43 or email contact@ssg.co.uk.

Version Number ~ 02

Edit Date ~ 23/02/2010

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NEBOSH Courses

We are pleased to be able to present a number of NEBOSH accredited training courses, in the **new modular format**, making it easier for you to pick and choose the course that best fits your exact requirements.

In order to achieve the full qualification for NEBOSH General, NEBOSH Construction and NEBOSH Fire Safety and Risk Management, delegates must have achieved NGC1 'Management of Health and Safety' within the last five years. Alternatively it can be studied at a later date or at the same time as other courses.

NEBOSH National General Certificate (13 Days) Certificated by NEBOSH Includes Modules NGC1, NGC2 and NGC3

Fee per Delegate: £1200

Bundle Fee per Delegate: £1080



Plymouth

19 – 23 April

17 – 21 May

28 May Revision Day

03 June Practical Exam

11 June Written Exams

Module NGC1

Modules NGC2 and NGC3

05 – 09 July

26 – 30 July

03 September Revision Day

08 September Practical Exam

10 September Written Exams

Module NGC1

Modules NGC2 and NGC3

11 – 15 October

01 – 05 November

26 November Revision Day

02 December Practical Exam

10 December Written Exams

Module NGC1

Modules NGC2 and NGC3

NGC1 - Management of Health and Safety (7 Days) Certificated by NEBOSH

Fee per Delegate: £725

Bundle Fee per Delegate: £650

Plymouth

19 – 23 April

28 May Revision Day

11 June Written Exam

Module NGC1

05 – 09 July

03 September Revision Day

10 September Written Exam

Module NGC1

11 – 15 October

26 November Revision Day

10 December Written Exam

Module NGC1

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NEBOSH Courses



NGC2 & NGC3 - Controlling Workplace Hazards & Health and Safety Practical Application (7 Days) Certificated by NEBOSH

Fee per Delegate: £725

Bundle Fee per Delegate: £650

Plymouth

17 – 21 May *Modules NGC2 and NGC3*
28 May Revision Day
03 June Practical Exam
11 June Written Exam

26 – 30 July *Modules NGC2 and NGC3*
03 September Revision Day
08 September Practical Exam
10 September Written Exam

01 – 05 November *Modules NGC2 and NGC3*
26 November Revision Day
02 December Practical Exam
10 December Written Exam

NEBOSH Certificate in Construction Safety and Health (17 Days)

Certificated by NEBOSH

Includes Modules NGC1, NCC1 and NCC2

Fee per Delegate: £1850

Bundle Fee per Delegate: £1700

Plymouth

19 - 23 April *Module NGC1*
04 - 07 May *Modules NCC1 and NCC2*
24 - 28 May *Modules NCC1 and NCC2*
04 June Revision Day
10 June Written Exam
11 June Written Exam

11 – 15 October *Module NGC1*
08 – 12 November *Modules NCC1 and NCC2*
22 – 26 November *Modules NCC1 and NCC2*
09 December Written Exam
10 December Written Exam

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NEBOSH Courses



NCC 1 & NCC2 - Managing and Controlling Hazards in Construction Activities & Practical Application of Health and Safety (11 Days) Certificated by NEBOSH Includes Modules NCC1 and NCC2 Only

Fee per Delegate: £1350
Bundle Fee per Delegate: £1250

Plymouth

04 - 07 May *Modules NCC1 and NCC2*
24- 28 May *Modules NCC1 and NCC2*
04 June Revision Day
07 June Practical Exam
10 June Written Exam

08 – 12 November *Modules NCC1 and NCC2*
22 – 26 November *Modules NCC1 and NCC2*
02 December Practical Exam
09 December Written Exam

NEBOSH Fire Safety and Risk Management (12 Days) Certificated by NEBOSH Includes Modules NGC1, FC1 and FC2

Fee per Delegate: £1200
Bundle Fee per Delegate: £1080

Plymouth

11 – 15 October *Module NGC1*
15 – 18 November *Modules FC1 and FC2*
09 December Written Exam
10 December Written Exam

FC 1 - Fire Safety and Risk Management (6 Days) Certificated by NEBOSH Includes Modules FC1 and FC2 Only

Fee per Delegate: £725
Bundle Fee per Delegate: £650

Plymouth

15 – 18 November *Modules FC1 and FC2*
09 December Written Exam

Have you thought about distance learning?

Each of the above courses can be studied via our distant learning scheme. Each individual qualification can be studied at a Fee of £650 (Plus NEBOSH registration fee) which includes all materials, revision notes, revision day attendance, exams facilities and all support systems required to succeed.

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IOSH Courses

The Institution of Occupational Safety and Health is Europe's leading body for health and safety professionals. IOSH have designed a number of varied training courses suited to a wide range of business sectors. SSG deliver the following courses:



IOSH Directing Safely (1 Day) Certificated by IOSH

Fee per Delegate: £215 (Includes IOSH Certification Fee)

Bundle Fee per Delegate: £185 (Includes IOSH Certification Fee)

Plymouth

09 March

19 April

20 July

30 September

29 November

IOSH Managing Safely (4 Days) Certificated by IOSH

Price includes IOSH Certification Fee

Plymouth

Fee per Delegate: £575

Bundle Fee per Delegate: £535

25 February, 04, 11, 18 March

06, 13, 20, 27 May

08, 15, 22, 29 July

01, 08, 15, 22 October

Bristol

Fee per Delegate: £695

Bundle Fee per Delegate: £665

28, 29 April, 05, 06 May

IOSH Managing Safely Refresher (1 Day) Certificated by IOSH

Fee per Delegate: £185 (Includes IOSH Certification Fee)

Plymouth

24 March

25 June

26 October

IOSH Working Safely (1 Day) Certificated by IOSH

Fee per Delegate: £185 (Includes IOSH Certification Fee)

Bundle Fee per Delegate: £155 (Includes IOSH Certification Fee)

Plymouth

08 March

25 May

02 September

13 December

IOSH Managing Environmental Responsibilities (4 Days) Certificated by IOSH

Fee per Delegate: £615

Bundle Fee per Delegate: £585

Plymouth

07, 14, 21, 28 June

04, 05, 06, 07 October

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your choice.**

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ConstructionSkills Courses

SSG deliver a wide range of ConstructionSkills (formerly CITB) accredited courses throughout the region. These courses are all certificated by ConstructionSkills and include the following:

ConstructionSkills Site Management Safety Training Scheme (5 Days)



Plymouth

Fee per Delegate: £625
Bundle Fee per Delegate: £595
02, 09, 16, 23, 30 March
11, 12, 18, 19, 26 March
07, 14, 21, 28 April, 05 May
19, 26 May, 02, 09, 16 June
02, 09, 16, 23, 30 July

Plymouth Con't

Fee per Delegate: £625
Bundle Fee per Delegate: £595
03, 10, 17, 24, 31 August
01, 08, 15, 22, 29 September
04, 11, 18, 25 October, 01 November
21, 28 October, 04, 11, 18 November
17, 24 November, 01, 08, 15 December

Bristol

Fee per Delegate: £695
Bundle Fee per Delegate: £665
01, 08, 15, 22, 29 April
01, 08, 15, 22, 29 June

Bristol Con't

06, 13, 20, 27 July, 03 August
03, 10, 17, 24 September, 01 October
19, 26 October, 02, 09, 16 November
19, 26 November, 03, 10 17 December

ConstructionSkills Site Management Refresher (2 Days)

Fee per Delegate: £345
Bundle Fee per Delegate: £315

Plymouth

23, 24 February
04, 05 March
08, 09 April
13, 14 May
21, 22 June
27, 28 July
13, 14 September
28, 29 October

Bristol

30, 31 March
16, 17 June
27, 28 September
24, 25 November

Cornwall

29, 30 April

ConstructionSkills Site Supervisors' Safety Training Scheme (2 Days)

Fee per Delegate: £375
Bundle Fee per Delegate: £345

Plymouth

16, 17 March
12, 13 April
11, 12 May
17, 18 June
20, 21 September
06, 07 October
02, 03 November
13, 14 December

Bristol

20, 21 April
07, 08 July
15, 16 September
11, 12 November

Cornwall

20, 21 May

ConstructionSkills Health and Safety Awareness (1 Day)

Fee per Delegate: £150
Bundle Fee per Delegate: £120

Plymouth

29 April
30 June
28 September
03 December

Bristol

08 June

Cornwall

24 March

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Private courses can be tailored to meet your requirements and delivered at a venue of
your choice.**

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First Aid Courses



First Aid At Work (3 Days) Certificated by SSG

Fee per Delegate: £220 (Fee includes annual update training)
Bundle Fee per Delegate: £195 (Fee includes annual update training)

Plymouth

11, 18, 25 March
15, 16, 17 March
14, 15, 16 April
06, 13, 20 May
10, 11, 12 May
01, 02, 03 June
07, 08, 09 July
16, 17, 18 August
22, 23, 24 September
12, 13, 14 October
08, 09, 10 November
08, 09, 10 December

Bristol

24, 25, 26 May

Exeter

07, 08, 09 June
27, 28, 29 September

Cornwall

04, 05, 06 May

First Aid At Work Refresher (2 Days) Certificated by SSG

Fee per Delegate: £145 Bundle Fee per Delegate: £125

Plymouth

01, 02 March
22, 23 March
12, 13 April
28, 29 April
17, 18 May
28, 29 June

Plymouth Con't

11, 12 August
16, 17 September
19, 20 October
25, 26 November
06, 07 December

Emergency First Aid At Work (1 Day) Certificated by SSG

Fee per Delegate: £95 Bundle Fee per Delegate: £80

Plymouth

10 March
24 March
06 April
27 April
14 May
17 June
21 July
26 August
14 September
11 October
12 November
20 December

Bristol

08 March
19 April
17 May
14 June
12 July
09 August
06 September
04 October
21 December

Cornwall

26 March
30 June
09 September
27 October

Exeter

12 March
21 May
01 July

First Aid Annual Update (½ Day) Certificated by SSG

Fee per Delegate: £55

26 October AM

15 November AM

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CIEH Courses

**CIEH Level 2 Award in Principles of Risk Assessment (1 day)
Certificated by CIEH**

Private courses only

CIEH Principles of Manual Handling (1/2 day) Certificated by CIEH

Private courses only

CIEH Principles of CoSHH (1/2 day) Certificated by CIEH

Private courses only

CIEH Stress Awareness (1/2 day) Certificated by CIEH

Private courses only

CIEH Level 2 Award in Health and Safety in the Workplace (1 day) Certificated by CIEH

Private courses only



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General Health and Safety Management Courses

Risk Assessment Workshop (1 Day) Certificated by SSG

Fee per Delegate: £185

Bundle Fee per Delegate: £155



Plymouth

15 April

27 October

06 December

CoSHH Assessment Workshop (1 Day) Certificated by SSG

Fee per Delegate: £185

Bundle Fee per Delegate: £155

Plymouth

22 March

21 September

Display Screen Equipment (1 Day) Certificated by SSG

Fee per Delegate: £185

Bundle Fee per Delegate: £155

Plymouth

30 April

21 October

Accident Investigation (1 Day) Certificated by SSG

Fee per Delegate: £185

Plymouth

17 March

04 June

23 September

Managing Noise (1 Day) Certificated by SSG

Private courses only

Safety Management for Work Related Driving (0.5 Day) Certificated by SSG

Private courses only

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General Health and Safety Courses



Basic Fire Safety (0.5 Day) Certificated by SSG

Fee per Delegate: £95
Bundle Fee per Delegate: £75

Plymouth

08 March
21 May
24 June
24 September

Fire Warden Training (1 Day) Certificated by SSG

Fee per Delegate: £185
Bundle Fee per Delegate: £155

Plymouth

26 February
29 April
19 October

Manual Handling (0.5 Day) Certificated by SSG

Fee per Delegate: £95
Bundle Fee per Delegate: £75

Plymouth

08 March AM
25 May AM
29 October AM

Cornwall

11 March PM
23 November AM

Bristol

27 April PM
09 June
12 October

Manual Handling Instructor (3 Days) Certificated by SSG

Fee per Delegate: £495
Bundle Fee per Delegate: £455

Plymouth

12, 13, 14 April

08, 09, 10 November

Portable Appliance Testing (1 Day) Certificated by SSG

Fee per Delegate: £185
Bundle Fee per Delegate: £155

Plymouth

31 March
25 June
08 October
07 December

Bristol

30 April
24 June
22 October
22 November

Cornwall

11 May
07 October

Electrical Safety Awareness (1 Day) Certificated by SSG

Private course only

Driver Safety Awareness (0.5 Day) Certificated by SSG

Private course only

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General Health and Safety Courses

Health and Safety in the Office (1 Day)
Certificated by SSG

Private courses only

Managing Asbestos (1 Day) Certificated by SSG

Private courses only

Health and Safety for Quantity Surveyors (2 Days) Certificated by SSG

Private courses only



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Health and Safety Courses for Construction and Allied Industries

Confined Space (1 Day) Certificated by Devon Fire & Rescue

Fee per Delegate: £175



Plymouth Fire Station

01 March

15 April

Breathing Apparatus (1 Day) Certificated by Devon Fire & Rescue

Fee per Delegate: £175

Plymouth Fire Station

16 April

New Roads and Streetworks Assessments (3/4 Days) Certificated by City & Guilds

Fee per Delegate: £515

Plymouth

06, 07, 08, 09 April

26, 27, 28, 29 July

27, 28, 29, 30 September

Signing, Lighting & Guarding Assessment (up to 1 Day) - Certificated by City & Guilds

Fee per Delegate: £155

Plymouth

01 March

08 June

Private training course with SSG Certification also available

Scaffold Inspection (1 Day) Certificated by SSG

Fee per Delegate: £185

Bundle Fee per Delegate: £155

Plymouth

29 March

04 May

10 June

23 July

27 September

05 November

16 December

Bridgwater

25 March

Bristol

13 July

Cornwall

25 May

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Health and Safety Courses for Construction and Allied Industries

Working Safely At Heights (1/2 Day) Certificated by SSG

Fee per Delegate: £95
Bundle Fee per Delegate: £75



Plymouth

19 March
04 August

27 October

PASMA Standard Course – Mobile Access Tower Training (1 Day) Certificated by PASMA

Fee per Delegate: £165
Bundle Fee per Delegate: £135



Plymouth

12 March
20 April
01 June
14 July
27 August

Plymouth Con't

16 September
20 October
16 November
14 December

Safety in the Use of Ladders (2 Hours) Certificated by SSG

Fee per Delegate: £60

Plymouth

07 May AM

Abrasive Wheels (0.5 Day) Certificated by SSG

Fee per Delegate: £95
Bundle Fee per Delegate: £75

Plymouth

08 March AM
25 May AM

Plymouth Con't

25 August AM
25 October AM

Safety in the Use of Woodworking Machinery (0.5 Day) Certificated by SSG

Private course only

UKATA Accredited Asbestos Awareness (0.5 Day) Certificated by SSG

Fee per Delegate: £110
Bundle Fee per Delegate: £90



Plymouth

08 March AM
21 May PM
24 June PM
29 October PM

Bristol

27 April AM
09 June PM
12 October PM
19 November AM

Cornwall

11 March AM
23 November PM

UKATA Working With Non-Licensed Asbestos Products (1 Day) Certificated by SSG

Fee per Delegate: £185
Bundle Fee per Delegate: £155

Plymouth

26 February

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your choice.**

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Construction Design and Management

CDM: An Overview 1 Day) Certificated by SSG

Fee per Delegate: £185

Bundle Fee per Delegate: £155



Plymouth

16 April

20 September

CDM For Coordinators (1 day) Certificated by SSG

Fee per Delegate: £185

Bundle Fee per Delegate: £155

Plymouth

23 November

CDM For Principal Contractors (1 Day) Certificated by SSG

Fee per Delegate: £185

Bundle Fee per Delegate: £155

Plymouth

28 May

07 September

CDM For Designers (1 Day) Certificated by SSG

Fee per Delegate: £185

Bundle Fee per Delegate: £155

Plymouth

08 June

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Environmental Training



Site Waste Management Plans (1/2 Day) Certificated by SSG

Fee per Delegate: £95

Bundle Fee per Delegate: £75

Plymouth

29 June

22 October

IOSH Managing Environmental Responsibilities (4 Days) Certificated by IOSH

Fee per Delegate: £615

Bundle Fee per Delegate: £585

Plymouth

07, 14, 21, 28 June

04, 05, 06, 07 October

Environmental Awareness (1 Day) Certificated by SSG

Fee per Delegate: £185

Bundle Fee per Delegate: £155

Plymouth

15 March

22 November

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Training Bundles from SSG

Helping you to make the most of your training budget

Package extended due to popular demand

Book three or more courses from either of our selected Management or Foundation training courses and receive each course at the package price:

Foundation Training Solutions	Normal Price	Package Price
Abrasive Wheels	£95.00	£75.00
Basic Fire	£95.00	£75.00
Manual Handling	£95.00	£75.00
Asbestos Awareness	£110.00	£90.00
Environmental Awareness	£185.00	£155.00
IOSH Working Safely	£185.00	£155.00
ConstructionSkills Health and Safety Awareness	£150.00	£120.00
First Aid Appointed Person	£95.00	£80.00
Fire Warden Training	£185.00	£155.00
PASMA	£165.00	£135.00
Scaffold Appreciation	£185.00	£155.00
Working Safely at Heights	£95.00	£75.00
Portable Appliance Testing	£185.00	£155.00
CDM: An Overview	£185.00	£155.00
CDM For Coordinators	£185.00	£155.00
CDM For Principal Contractors	£185.00	£155.00
CDM For Designers	£185.00	£155.00
Site Waste Management Plans	£185.00	£155.00

Managers Training Solutions	Normal Price	Package Price
NEBOSH General Certificate Health and Safety Training Scheme	£1200.00	£1080.00
NEBOSH Fire Safety and Risk Management	£725.00	£650.00
NEBOSH Certificate in Construction Safety and Health	£1850.00	£1700.00
IOSH Directing Safely	£215.00	£185.00
IOSH Managing Safely	£575.00	£535.00
ConstructionSkills Site Management Safety Training Scheme (Plymouth)	£625.00	£595.00
ConstructionSkills Site Management Safety Training Scheme (Bristol)	£695.00	£665.00
ConstructionSkills Site Management Safety Training Scheme (Bridgwater)	£695.00	£665.00
ConstructionSkills Site Management Safety Training Scheme - Refresher	£345.00	£315.00
ConstructionSkills Site Supervisor Safety Training Scheme	£375.00	£345.00
First Aid at Work	£220.00	£195.00
First Aid at Work Refresher	£145.00	£125.00
Manual Handling Instructor	£495.00	£455.00
Display Screen Equipment	£185.00	£155.00
Risk Assessment	£185.00	£155.00

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Private Course Options

All courses are available as private courses. Should you wish to take up this option but feel you do not have a suitable venue, you can utilise our training facilities both in Plymouth and Bristol. All dates and venues can be arranged to meet your requirements.

Our training centres benefit from:

- Fully air conditioned training and meeting rooms
- Plentiful car parking
- Very reasonable daily delegate rates:

Plymouth:	Full day	£15 per delegate to include unlimited supply of tea, coffee and spring water, morning and afternoon biscuits, lunch with fresh orange juice
	Half day	£10 per delegate to include unlimited supply of tea, coffee and spring water, Danish pastries mid-course
Bristol or Bridgwater:	Delegate rates available on request	

Room Hire

Our excellent facilities can also be hired for your private functions.

At Valley House we can offer three large training / meeting rooms for use without interruption or distraction, we also have rooms available at our venue in Aztec West, Bristol. All rooms are equipped with modern comfortable furniture, white board and projector screens. Multi-media projection equipment, OHP, TV & video are also available as optional extras. All communications and photocopying facilities are available from our administration centre. Lunch is available on request.

Plymouth, Tamar Suite (max. 50 delegates)
Plymouth, Dart Suite (max. 30 delegates)
Plymouth, Exe Suite (max. 20 delegates)

Plymouth	Full Day	£30 per delegate to include unlimited supply of tea, coffee and spring water, morning and afternoon biscuits, lunch with fresh orange juice
	Half day	£15 per delegate to include unlimited supply of tea, coffee and spring water, Danish pastries mid-course

Additional Extras (Plymouth)

Refreshments £2.50 per delegate	Lunch £6.50 per delegate
TV & Video £20 per day	OHP £10 per day
Multimedia projection £100 per day	

Bristol / Exeter / Cornwall: Delegate rates available on request

All fees are subject to VAT

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your choice.**

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FAX BACK BOOKING FORM - Fax Number: 08700 43 47 42

Name: _____

Company: _____

Address: _____

_____ Postcode: _____

Telephone: _____ Fax: _____

Email: _____

Private courses are available should the dates and venue be unsuitable for you and your company.

Course	Dates	Venue	Name of Delegates	Training Bundles (√)

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**It may be more cost effective to deliver a private course for 5 or more delegates.
Private courses can be tailored to meet your requirements and delivered at a venue of your choice.**

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