



Course Dates and Fees 2010

Covering the South West

**Book online at www.ssg.co.uk
or call 01752 201616**

**It may be more cost effective to deliver a private course for 5 or more delegates.
Private courses can be tailored to meet your requirements and delivered at a venue of
your choice.**

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Welcome to SSG - Dates and Fees 2010

From our training centres in Plymouth, Bridgwater, Bristol and Cornwall our team of experienced and highly motivated trainers deliver first class interactive and enjoyable health, safety and environmental training courses.

We believe that our unique ability to provide effective solutions through training and consultancy to all industry sectors makes us the company to professionally service your requirements. In this booklet you will find available dates for all scheduled courses under the following sections:

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NEBOSH Courses

NEBOSH National General Certificate in Occupational Safety and Health
NEBOSH Fire Safety and Risk Management Certificate
NEBOSH Certificate in Construction Safety and Health



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IOSH Courses

IOSH Directing Safely
IOSH Managing Safely
IOSH Managing Safely Refresher
IOSH Working Safely



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ConstructionSkills Courses

ConstructionSkills Site Management Safety Training Scheme
ConstructionSkills Site Management Safety Training Scheme Refresher
ConstructionSkills Site Supervisor Safety Training Scheme
ConstructionSkills Health and Safety Awareness



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First Aid Courses

First Aid At Work
First Aid At Work Refresher
Emergency First Aid At Work



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CIEH Courses

CIEH Level 2 Award in Principles of Risk Assessment
CIEH Principles of Manual Handling
CIEH Principles of CoSHH
CIEH Stress Awareness
CIEH Level 2 Award in Health and Safety in the Workplace



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General Health and Safety Management Courses

Risk Assessment Workshop
CoSHH Assessment Workshop
Display Screen Equipment
Accident Investigation Workshop
Managing Noise
Safety Management for Work Related Driving



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your choice.**

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Page 13 General Health and Safety Courses

Basic Fire
Fire Warden
Manual Handling
Manual Handling Instructor
Portable Appliance Testing
Electrical Safety Awareness
Driver Safety Awareness
Health and Safety in the Office



Page 14 Health and Safety Management Courses for Construction and Allied Industries

Managing Asbestos
Health and Safety for Quantity Surveyors

Page 15 Health and Safety Courses for Construction and Allied Industries

Confined Space
Breathing Apparatus
New Road and Streetworks
Signing, Lighting and Guarding Assessments
Scaffold Inspection
Working Safely at Heights
PASMA Mobile Access Tower Training
Abrasive Wheels
Safety in the Use of Woodworking Machinery
Asbestos Awareness



Page 17 Construction Design and Management (CDM)

CDM: An Overview
CDM for Coordinators
CDM for Principal Contractors
CDM for Designers



Page 18 Environmental Training

Site Waste Management Plans
IOSH Managing Environmental Responsibilities
Environmental Awareness



Course contents, dates and fees are, to the best of our knowledge, correct at the time of going to press.

For further information on all our courses you can visit our website www.ssg.co.uk or you can contact our administration team on 08700 43 47 43 or email contact@ssg.co.uk.

Version Number ~ 07

Edit Date ~ 01/08/2010

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NEBOSH Courses

We are pleased to be able to present a number of NEBOSH accredited training courses, in the **new modular format**, making it easier for you to pick and choose the course that best fits your exact requirements.

In order to achieve the full qualification for NEBOSH General, NEBOSH Construction and NEBOSH Fire Safety and Risk Management, delegates must have achieved NGC1 'Management of Health and Safety' within the last five years. Alternatively it can be studied at a later date or at the same time as other courses.

NEBOSH National General Certificate (13 Days) Certificated by NEBOSH Includes Modules NGC1, NGC2 and NGC3

Fee per Delegate: £1300
Bundle Fee per Delegate: £1180

Includes NEBOSH registration fee



Plymouth

11 – 15 October
01 – 05 November
29 November Revision Day
09 December Practical Exam
10 December Written Exams

*Module NGC1
Modules NGC2 and NGC3*

NGC1 - Management of Health and Safety (7 Days) Certificated by NEBOSH

Fee per Delegate: £765
Bundle Fee per Delegate: £710

Includes NEBOSH registration fee

Plymouth

11 – 15 October
29 November Revision Day
10 December Written Exam

Module NGC1

***Fees include handouts, publications, NEBOSH certification and registration fee,
lunch and refreshments.***

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NEBOSH Courses



NGC2 & NGC3 - Controlling Workplace Hazards & Health and Safety Practical Application (7 Days) Certificated by NEBOSH

Fee per Delegate: £785
Bundle Fee per Delegate: £730

Includes NEBOSH registration fee

Plymouth

01 – 05 November
29 November Revision Day
09 December Practical Exam
10 December Written Exam

Modules NGC2 and NGC3

NEBOSH Certificate in Construction Safety and Health (17 Days) Certificated by NEBOSH

Includes Modules NGC1, NCC1 and NCC2

Fee per Delegate: £1950
Bundle Fee per Delegate: £1800

Includes NEBOSH registration fee

Plymouth

11 – 15 October
08 – 12 November
22 – 26 November
09 December Written Exam
10 December Written Exam

*Module NGC1
Modules NCC1 and NCC2
Modules NCC1 and NCC2*

***Fees include handouts, publications, NEBOSH certification and registration fee,
lunch and refreshments.***

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NEBOSH Courses

NCC 1& NCC2 - Managing and Controlling Hazards in Construction Activities & Practical Application of Health and Safety (11 Days) Certificated by NEBOSH Includes Modules NCC1 and NCC2 Only

Fee per Delegate: £1410

Includes NEBOSH registration fee

Bundle Fee per Delegate: £1310



Plymouth

08 – 12 November

Modules NCC1 and NCC2

22 – 26 November

Modules NCC1 and NCC2

09 December Practical & Written Exam

NEBOSH Fire Safety and Risk Management (12 Days) Certificated by NEBOSH Includes Modules NGC1, FC1 and FC2

Fee per Delegate: £1300

Includes NEBOSH registration fee

Bundle Fee per Delegate: £1180

Plymouth

11 – 15 October

Module NGC1

15 – 18 November

Modules FC1 and FC2

09 December Written Exam

10 December Written Exam

FC 1 - Fire Safety and Risk Management (6 Days) Certificated by NEBOSH Includes Modules FC1 and FC2 Only

Fee per Delegate: £785

Includes NEBOSH registration fee

Bundle Fee per Delegate: £730

Plymouth

15 – 18 November

Modules FC1 and FC2

09 December Written Exam

Fees include handouts, publications, NEBOSH certification and registration fee, lunch and refreshments.

Have you thought about distance learning?

Each of the above courses can be studied via our distant learning scheme. Each individual qualification can be studied at a Fee of £650 (Plus NEBOSH registration fee) which includes all materials, revision notes, revision day attendance, exams facilities and all support systems required to succeed.

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IOSH Courses

The Institution of Occupational Safety and Health is Europe's leading body for health and safety professionals. IOSH have designed a number of varied training courses suited to a wide range of business sectors. SSG deliver the following courses:

IOSH Directing Safely (1 Day) Certificated by IOSH

Fee per Delegate: £215 (Includes IOSH Certification Fee)
Bundle Fee per Delegate: £185 (Includes IOSH Certification Fee)

Plymouth

30 September
29 November



IOSH Managing Safely (4 Days) Certificated by IOSH

Fee per Delegate: £575 (Includes IOSH Certification Fee)
Bundle Fee per Delegate: £535 (Includes IOSH Certification Fee)

Plymouth

03, 10, 17, 24 September
01, 08, 15, 22 October
16, 23, 30 November, 07 December

IOSH Managing Safely Refresher (1 Day) Certificated by IOSH

Fee per Delegate: £185 (Includes IOSH Certification Fee)

Plymouth

26 October

IOSH Working Safely (1 Day) Certificated by IOSH

Fee per Delegate: £185 (Includes IOSH Certification Fee)
Bundle Fee per Delegate: £155 (Includes IOSH Certification Fee)

Plymouth

13 September
13 December

IOSH Managing Environmental Responsibilities (4 Days) Certificated by IOSH

Fee per Delegate: £615
Bundle Fee per Delegate: £585

Plymouth

04, 05, 06, 07 October

Fees include handouts, publications, IOSH certification, lunch and refreshments.

It may be more cost effective to deliver a private course for 5 or more delegates. Private courses can be tailored to meet your requirements and delivered at a venue of your choice.

Book online at www.ssg.co.uk or call 01752 201616

ConstructionSkills Courses



SSG deliver a wide range of ConstructionSkills (formerly CITB) accredited courses throughout the region. These courses are all certificated by ConstructionSkills and include the following:

ConstructionSkills Site Management Safety Training Scheme (5 Days)

Plymouth

Fee per Delegate: £625
Bundle Fee per Delegate: £595
01, 08, 15, 22, 29 September
04, 11, 18, 25 October, 01 November
21, 28 October, 04, 11, 18 November
17, 24 November, 01, 08, 15 December

Bristol

Fee per Delegate: £695
Bundle Fee per Delegate: £665
02, 09, 16, 23, 30 September
19, 26 October, 02, 09, 16 November
19, 26 November, 03, 10, 17 December

ConstructionSkills Site Management Refresher (2 Days)

Fee per Delegate: £345
Bundle Fee per Delegate: £315

Plymouth

13, 14 September
28, 29 October
15, 16 December

Bristol

27, 28 September
24, 25 November

ConstructionSkills Site Supervisors' Safety Training Scheme (2 Days)

Fee per Delegate: £375
Bundle Fee per Delegate: £345

Plymouth

20, 21 September
06, 07 October
02, 03 November
13, 14 December

Bristol

15, 16 September
11, 12 November

ConstructionSkills Health and Safety Awareness (1 Day)

Fee per Delegate: £150
Bundle Fee per Delegate: £120

Plymouth

28 September
03 December

Fees include handouts, publications, ConstructionSkills certification, lunch and refreshments.

It may be more cost effective to deliver a private course for 5 or more delegates. Private courses can be tailored to meet your requirements and delivered at a venue of your choice.

Book online at www.ssg.co.uk or call 01752 201616

First Aid Courses



First Aid At Work (3 Days) Certificated by SSG

Fee per Delegate: £220 (Fee includes annual update training)
Bundle Fee per Delegate: £195 (Fee includes annual update training)

Plymouth

22, 23, 24 September
12, 13, 14 October
08, 09, 10 November
07, 08, 09 December

Exeter

27, 28, 29 September

First Aid At Work Refresher (2 Days) Certificated by SSG

Fee per Delegate: £145 Bundle Fee per Delegate: £125

Plymouth

01, 02 September
16, 17 September
19, 20 October

Plymouth Con't

25, 26 November
06, 07 December

Emergency First Aid At Work (1 Day) Certificated by SSG

Fee per Delegate: £95 Bundle Fee per Delegate: £80

Plymouth

01 September
14 September
01 October
25 October
12 November
20 December

Bristol

06 September
04 October
21 December

Cornwall

09 September
27 October

Exeter

30 September

First Aid Annual Update (½ Day)

Certificated by SSG

Fee per Delegate: £55

Plymouth

26 October AM
15 November AM

Fees include handouts, publications, certification, lunch and refreshments.

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your choice.**

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CIEH Courses

**CIEH Level 2 Award in Principles of Risk Assessment (1 day)
Certificated by CIEH**

Private courses only

CIEH Principles of Manual Handling (1/2 day) Certificated by CIEH

Private courses only

CIEH Principles of CoSHH (1/2 day) Certificated by CIEH

Private courses only

CIEH Stress Awareness (1/2 day) Certificated by CIEH

Private courses only

CIEH Level 2 Award in Health and Safety in the Workplace (1 day) Certificated by CIEH

Private courses only



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General Health and Safety Management Courses

Risk Assessment Workshop (1 Day) Certificated by SSG

Fee per Delegate: £185

Bundle Fee per Delegate: £155



Plymouth

27 October

06 December

CoSHH Assessment Workshop (1 Day) Certificated by SSG

Fee per Delegate: £185

Bundle Fee per Delegate: £155

Plymouth

21 September

Display Screen Equipment (1 Day) Certificated by SSG

Fee per Delegate: £185

Bundle Fee per Delegate: £155

Plymouth

19 November

Accident Investigation (1 Day) Certificated by SSG

Fee per Delegate: £185

Plymouth

22 September

Managing Noise (1 Day) Certificated by SSG

Private courses only

Safety Management for Work Related Driving (0.5 Day) Certificated by SSG

Private courses only

Fees include handouts, publications, certification, lunch and refreshments.

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your choice.**

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General Health and Safety Courses



Basic Fire Safety (0.5 Day) Certificated by SSG

Fee per Delegate: £95
Bundle Fee per Delegate: £75

Plymouth

24 September
30 November PM

Fire Warden Training (1 Day) Certificated by SSG

Fee per Delegate: £185
Bundle Fee per Delegate: £155

Plymouth

07 October
03 December

Manual Handling (0.5 Day) Certificated by SSG

Fee per Delegate: £95
Bundle Fee per Delegate: £75

Plymouth

17 September AM
29 October AM
30 November AM

Bristol

12 October AM

Comwall

23 November AM

Manual Handling Instructor (3 Days) Certificated by SSG

Fee per Delegate: £495
Bundle Fee per Delegate: £455

Plymouth

08, 09, 10 November

Portable Appliance Testing (1 Day) Certificated by SSG

Fee per Delegate: £185
Bundle Fee per Delegate: £155

Plymouth

08 October
06 December

Bristol

22 October
22 November

Comwall

07 October

Electrical Safety Awareness (1 Day) Certificated by SSG

Private course only

Driver Safety Awareness (0.5 Day) Certificated by SSG

Private course only

Fees include handouts, publications, certification, lunch and refreshments.

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General Health and Safety Courses

**Health and Safety in the Office (1 Day)
Certificated by SSG**

Private courses only

Managing Asbestos (1 Day) Certificated by SSG

Private courses only

Health and Safety for Quantity Surveyors (2 Days) Certificated by SSG

Private courses only



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Health and Safety Courses for Construction and Allied Industries

Confined Space (1 Day) Certificated by Devon Fire & Rescue

Fee per Delegate: £175



Plymouth Fire Station

06 September
06 October
09 November

Breathing Apparatus (1 Day) Certificated by Devon Fire & Rescue

Fee per Delegate: £175

Plymouth Fire Station

07 October
10 November

New Roads and Streetworks Assessments (¾ Day) Certificated by City & Guilds

Fee per Delegate: £515

Plymouth

27, 28, 29, 30 September
15, 16, 17, 18 November

Signing, Lighting & Guarding Assessment (up to 1 Day) - Certificated by City & Guilds

Fee per Delegate: £155

Plymouth

06 September
01 October
23 November

Private training course with SSG Certification also available

Scaffold Inspection (1 Day) Certificated by SSG

Fee per Delegate: £185
Bundle Fee per Delegate: £155

Plymouth

27 September
05 November
16 December

Bristol

09 September
09 November
30 November

Fees include handouts, publications, certification, lunch and refreshments.

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your choice.**

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Health and Safety Courses for Construction and Allied Industries

Working Safely At Heights (1/2 Day) Certificated by SSG

Fee per Delegate: £95
Bundle Fee per Delegate: £75



Plymouth

27 October
25 November

PASMA Standard Course – Mobile Access Tower Training (1 Day) Certificated by PASMA

Fee per Delegate: £165
Bundle Fee per Delegate: £135



Plymouth

27 August
16 September
20 October
16 November
14 December

Bristol

26 November

Safety in the Use of Ladders (2 Hours) Certificated by SSG

Fee per Delegate: £60

Plymouth

03 September

Abrasive Wheels (0.5 Day) Certificated by SSG

Fee per Delegate: £95
Bundle Fee per Delegate: £75

Plymouth

25 August AM
25 October AM
02 December AM

Safety in the Use of Woodworking Machinery (0.5 Day) Certificated by SSG

Private course only

UKATA Accredited Asbestos Awareness (0.5 Day) Certificated by SSG

Fee per Delegate: £110
Bundle Fee per Delegate: £90



Plymouth

23 September
19 November AM

Bristol

06 October

Comwall

23 November PM

UKATA Working With Non-Licensed Asbestos Products (1 Day) Certificated by SSG

Fee per Delegate: £185
Bundle Fee per Delegate: £155

Plymouth

18 August

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your choice.**

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Fees include handouts, publications, certification, lunch and refreshments.

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Construction Design and Management



CDM: An Overview (1 Day) Certificated by SSG

Fee per Delegate: £185
Bundle Fee per Delegate: £155

Plymouth

20 September

CDM For Coordinators (1 Day) Certificated by SSG

Fee per Delegate: £185
Bundle Fee per Delegate: £155

Plymouth

23 November

CDM For Principal Contractors (1 Day) Certificated by SSG

Fee per Delegate: £185
Bundle Fee per Delegate: £155

Plymouth

07 September

CDM For Designers (1 Day) Certificated by SSG

Fee per Delegate: £185
Bundle Fee per Delegate: £155

Plymouth

TBC

Fees include handouts, publications, certification, lunch and refreshments.

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your choice.**

Book online at www.ssg.co.uk or call 01752 201616

Environmental Training

Site Waste Management Plans (½ Day) Certificated by SSG

Fee per Delegate: £95

Bundle Fee per Delegate: £75

Plymouth

22 October

IOSH Managing Environmental Responsibilities (4 Day) Certificated by IOSH

Fee per Delegate: £615

Bundle Fee per Delegate: £585

Plymouth

04, 05, 06, 07 October

Environmental Awareness (1 Day) Certificated by SSG

Fee per Delegate: £185

Bundle Fee per Delegate: £155

Plymouth

22 November



Fees include handouts, publications, certification, lunch and refreshments.

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Training Bundles from SSG

Helping you to make the most of your training budget

Package extended due to popular demand

Book three or more courses from either of our selected Management or Foundation training courses and receive each course at the package price:

Foundation Training Solutions	Normal Price	Package Price
Abrasive Wheels	£95.00	£75.00
Basic Fire	£95.00	£75.00
Manual Handling	£95.00	£75.00
Asbestos Awareness	£110.00	£90.00
Environmental Awareness	£185.00	£155.00
IOSH Working Safely	£185.00	£155.00
ConstructionSkills Health and Safety Awareness	£150.00	£120.00
First Aid Appointed Person	£95.00	£80.00
Fire Warden Training	£185.00	£155.00
PASMA	£165.00	£135.00
Scaffold Inspection	£185.00	£155.00
Working Safely at Heights	£95.00	£75.00
Portable Appliance Testing	£185.00	£155.00
Site Waste Management Plans	£185.00	£155.00

Managers Training Solutions	Normal Price	Package Price
NEBOSH National General Certificate	£1300.00	£1180.00
NEBOSH Fire Safety and Risk Management	£785.00	£730.00
NEBOSH Certificate in Construction Safety and Health	£1950.00	£1800.00
IOSH Directing Safely	£215.00	£185.00
IOSH Managing Safely	£575.00	£535.00
ConstructionSkills Site Management Safety Training Scheme (Plymouth)	£625.00	£595.00
ConstructionSkills Site Management Safety Training Scheme (Bristol)	£695.00	£665.00
ConstructionSkills Site Management Safety Training Scheme - Refresher	£345.00	£315.00
ConstructionSkills Site Supervisor Safety Training Scheme	£375.00	£345.00
First Aid at Work (Plymouth)	£220.00	£195.00
First Aid at Work (Bristol)	£255.00	£235.00
First Aid at Work Refresher	£145.00	£125.00
Manual Handling Instructor	£495.00	£455.00
Display Screen Equipment	£185.00	£155.00
Risk Assessment Workshop	£185.00	£155.00

Fees include handouts, publications, certification, lunch and refreshments.

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Private Course Options

All courses are available as private courses. Should you wish to take up this option but feel you do not have a suitable venue, you can utilise our training facilities both in Plymouth and Bristol. All dates and venues can be arranged to meet your requirements.

Our training centres benefit from:

- Fully air conditioned training and meeting rooms
- Plentiful car parking
- Very reasonable daily delegate rates:

Plymouth:	Full day	£16 per delegate to include unlimited supply of tea, coffee and spring water, morning and afternoon biscuits, lunch with fresh orange juice
	Half day	£10 per delegate to include unlimited supply of tea, coffee and spring water, Danish pastries mid-course
Bristol or Bridgwater:	Delegate rates available on request	

Room Hire

Our excellent facilities can also be hired for your private functions.

At Valley House we can offer three large training / meeting rooms for use without interruption or distraction, we also have rooms available at our venue in Aztec West, Bristol. All rooms are equipped with modern comfortable furniture, white board and projector screens. Multi-media projection equipment, OHP, TV & video are also available as optional extras. All communications and photocopying facilities are available from our administration centre. Lunch is available on request.

Plymouth, Tamar Suite (max. 50 delegates)
Plymouth, Dart Suite (max. 30 delegates)
Plymouth, Exe Suite (max. 20 delegates)

Plymouth	Full Day	£30 per delegate to include unlimited supply of tea, coffee and spring water, morning and afternoon biscuits, lunch with fresh orange juice
	Half day	£15 per delegate to include unlimited supply of tea, coffee and spring water, Danish pastries mid-course

Additional Extras (Plymouth)

Refreshments £2.50 per delegate	Lunch £6.50 per delegate
TV & Video £20 per day	OHP £10 per day
Multimedia projection £100 per day	

Bristol / Exeter / Cornwall: Delegate rates available on request

All fees are subject to VAT

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FAX BACK BOOKING FORM - Fax Number: 08700 43 47 42

Name: _____

Company: _____

Address: _____

Postcode: _____

Telephone: _____ Fax: _____

Email: _____

Private courses are available should the dates and venue be unsuitable for you and your company.

Course	Dates	Venue	Name of Delegates	Training Bundles (√)

Method of Payment – Don't Forget To Add VAT

Cheque enclosed (made payable to SSG Training and Consultancy).
Send to: Valley House, Valley Road, Plympton, Plymouth, Devon PL7 1RF

BACS transfer. This should be made payable to: A/C No. 06011095 S/C: 12 - 13 – 55

Please invoice quoting purchase order number

Credit Card Options. Visa Mastercard Delta Switch

Account No. _____ Expiry Date |m|m|y|y|

Security Code (last three digits on reverse) Issue No. (Delta/Switch only)

Cardholder: _____

Signature: _____

Company registered in England No. 3564008 Registered Office: 58 The Terrace, Torquay, Devon

Date of Print: 20/08/2010

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